New Jersey Drug and Alcohol Abuse Treatment

Substance Abuse Overview 2020 Cape May County



Department of Human Services Division of Mental Health and Addiction Services Office of Planning, Research, Evaluation, Prevention and Olmstead Trenton, New Jersey

August 2021



State of New Jersey

DEPARTMENT OF HUMAN SERVICES DIVISION OF MENTAL HEALTH AND ADDICTION SERVICES PO Box 362 Trenton, NJ 08625

Sarah Adelman Acting Commissioner

Valerie L. Mielke Assistant Commissioner

Phil Murphy Governor

Sheila Oliver LT. Governor

August 2021

The statewide *Substance Abuse Overview* provides statistics on substance abuse treatment in New Jersey for calendar year 2020. In 2020, there were 82,254 treatment admissions and 83,994 discharges reported to the New Jersey Department of Human Services, Division of Mental Health and Addiction Services by substance abuse treatment providers. These data were submitted through the web-based New Jersey Substance Abuse Monitoring System (NJSAMS). This report is based on the information provided in the July 2021 NJSAMS download data.

The Statewide Overview includes:

- ° State Totals for Substance Abuse Treatment Admissions
- ° Substance Abuse Admissions by County and Primary Drug
- ° Substance Abuse Admissions by Primary Drug within County
- ° Substance Abuse Admission Rates by County and Primary Drug
- ° Map for Number of Substance Abuse Admissions by County of Residence
- ° First Time Clients by County of Residence and Primary Drug
- ° Admissions by Age Group, Gender, and Primary Drug
- ° State Totals for Substance Abuse Treatment Discharges
- ° Length of Stay by Level of Care
- Waiting Time to Treatment Admission
- ° Detox Continuing Care Status Indicated at Discharge
- ° Detox Continuing Care by Level of Care
- Time to First Readmission
- ° Substance Abuse Treatment Demand Estimate

Reports for individual counties can be found by clicking on the county names.

If you have any questions about this report, you may contact us by email at: Suzanne.Borys@dhs.nj.gov, Limei.Zhu@dhs.nj.gov, Yohannes.Hailu@dhs.nj.gov

Sincerely,

Suzanne Brys

Suzanne Borys, Ed. D., Assistant Division Director Office of Planning, Research, Evaluation, Prevention and Olmstead

New Jersey Substance Abuse Monitoring System (NJ-SAMS) CY2020 Substance Abuse Treatment Admissions Cape May County Residents

Primary Dru	a				
Alcohol Heroin Other Opia Cocaine Marijuana Other Drug		695 820 181 104 145 222	32% 38% 8% 5% 7% 10%		
Intravenous	Drug	Users		786	36%
Level of Car Outpatient Intensive C Partial Hos Opioid Maii Extended C Halfway Ho Long-Term Short-Term Hospital Ba Detox Resi Detox Outp Detox Outp Early Interv Interim Ser	559 670 42 176 14 0 73 115 209 0 302 0 302 0 6 0 2 1	26% 31% 2% 8% 1% 0% 3% 5% 10% 0% 14% 0% 0% 0% 0% 0%			
Medication A Methadone Buprenorph Vivitrol Psychotrop	nine	ed Therap	y Planned	in Treatn 205 263 77 311	nent 9% 12% 4% 14%
Sex Male	1,457	67%	Female	709	33%
Race/Ethnic White (non- Black (non- Hispanic O Other	-Hispa ∙Hispaı	nic) nic)		1,798 142 214 15	83% 7% 10% 1%
Age Under 18 18-21 22-24 25-29	3 52 120 404	2% 6%	30-34 35-44 45-54 55 and ov	599 317	
Marital Statu Single/Divo Married/Civ Widowed Separated	rced	n		1,814 225 51 79	84% 10% 2% 4%
Pregnant We	omen	(Yes)**		10	0%
Referral Sou Self-referra Family/Frie Addiction S Welfare/So CPSAI Mental Hea Corrections IDRC Reach NJ/I Other	738 36 195 97 75 14 755 131 16 112	34% 2% 9% 4% 3% 1% 35% 6% 1% 5%			
Tobacco Pro	oducts	Used (Ye	es)**	1,384	64%

*Totals may be greater than 100% because of multiple responses. **Percentage calculation exluded missing values.

Highest School Grade Completed Completed High School Some College	1,425 396	66% 18%						
Employment Status Unemployed Student Not in Labor Force Employed Full/Part Time	695 9 780 684	32% 0% 36% 32%						
Living Arrangement Homeless Dependent Living/Supervised Living Independent Living	130 227 1,811	6% 10% 83%						
Gambling Problem	29	1%						
Legal Problem* None Case Pending Probation/Parole DUI License Suspension Drug Court DCPP/Family Court Other	755 181 402 187 527 217 65	35% 8% 19% 9% 24% 10% 3%						
Special Population* DCPP\CWP DUI Developmental Disability Blind and Visually Impaired Deaf and Hard of Hearing	197 407 10 1 8	9% 19% 0% 0%						
Health Insurance* No Insurance Medicaid Medicare Private Insurance Other Insurance	433 1,594 43 291 15	20% 73% 2% 13% 1%						
Attendance Self-Help group in past 30 Narcotic Anonymous (NA) Alcoholic Anonymous (AA)	Days () 483 451	(es) 22% 21%						
Arrest in the Last 30 Days (Yes)	80	4%						
Federal Poverty Level (0-133%)**	1,680	86%						
Treated in County of Residence	1,137	52%						
Treated in County of ResidenceAtlantic493 23%MiddleseBergen3 0%MonmouBurlington52 2%MorrisCamden8 0%OceanCape May1,137 52%PassaicCumberland68 3%SalemEssex44 2%SomerseGloucester134 6%SussexHudson29 1%UnionHunterdon2 0%WarrenMercer18 1%Other	th	$\begin{array}{cccccccccccccccccccccccccccccccccccc$						
Fee For Service Admissions Fee For Service Unique Clients	437 299	20% 27%						
Number of Admissions for Unique Clie 1 Admission 2 Admissions 3+ Admissions	nts 558 249 314	50% 22% 28%						
Total Admissions = Unduplicated Clients Admitted =								

New Jersey Substance Abuse Monitoring System (NJ-SAMS) CY2020 Substance Abuse Treatment Admissions Treatment Site in Cap May County

Primary Drug	n					
Alcohol Heroin Other Opiat Cocaine Marijuana Other Drug	tes			332 430 102 73 121 122	28% 36% 9% 6% 10% 10%	
Intravenous	Drug	Users		420	36%	
Level of Card Outpatient of Intensive O Partial Hos Opioid Mair Extended C Halfway Ho Long-Term Short-Term Hospital Ba Detox Resid Detox Autp Detox Outp Early Interv Interim Ser	501 526 0 145 7 0 0 0 0 0 0 0 0 0 1 1	42% 45% 0% 12% 0% 0% 0% 0% 0% 0% 0% 0% 0% 0%				
Medication A Methadone Buprenorph Vivitrol Psychotrop	py Planned ir	Treatn 170 133 42 222	n ent 14% 11% 4% 19%			
Sex Male	786	67%	Female	393	33%	
Race/Ethnici White (non- Black (non- Hispanic Or Other	·Hispa Hispa	nic) nic)		926 113 136 6	78% 10% 12% 1%	
Age Under 18 18-21 22-24 25-29	2 33 66 229	0% 3% 6% 19%	30-34 35-44 45-54 55 and over	254 22% 329 28% 170 14% er 98 8%		
Marital Statu Single/Divo Married/Civ Widowed Separated	rced	on		995 109 33 44	84% 9% 3% 4%	
Pregnant Wo	omen	(Yes)**		6	1%	
Referral Sou Self-referra Family/Friel Addiction S Welfare/Sou CPSAI Mental Hea Corrections IDRC Reach NJ/II Other Tobacco Pro	274 5 21 91 67 13 531 127 0 52 743	23% 0% 2% 8% 6% 1% 45% 11% 0% 4%				
			- /	-		

*Totals may be greater than 100% because of multiple responses. **Percentage calculation exluded missing values.

Highest School Grade Completed Completed High School Some College	740 207	63% 18%
Employment Status Unemployed Student Not in Labor Force Employed Full/Part Time	425 9 274 472	36% 1% 23% 40%
Living Arrangement Homeless Dependent Living/Supervised Living	2 24 ,154	0% 2% 98%
Gambling Problem	8	1%
Legal Problem* None Case Pending Probation/Parole DUI License Suspension Drug Court DCPP/Family Court Other	255 79 281 165 281 186 55	22% 7% 24% 14% 24% 16% 5%
Special Population* DCPP\CWP DUI Developmental Disability Blind and Visually Impaired Deaf and Hard of Hearing	168 315 9 1 7	14% 27% 1% 0% 1%
Health Insurance* No Insurance Medicaid Medicare Private Insurance Other Insurance	288 919 31 70 1	24% 78% 3% 6% 0%
Attendance Self-Help group in past 30 Da Narcotic Anonymous (NA) Alcoholic Anonymous (AA)	ays (Y 316 303	es) 27% 26%
Arrest in the Last 30 Days (Yes)	35	3%
Federal Poverty Level (0-133%)**	950	81%
Treated in County of Residence	,137	96%
County of ResidenceAtlantic232%MiddlesexBergen10%MonmouthBurlington00%MorrisCamden50%OceanCape May1,13796%PassaicCumberland91%SalemEssex10%SomersetGloucester10%SussexHudson00%UnionHunterdon00%WarrenMercer00%Other		$\begin{array}{cccc} 0 & 0\% \\ 0 & 0\% \\ 2 & 0\% \\ 0 & 0\% \\ 0 & 0\% \\ 0 & 0\% \\ 0 & 0\% \\ 0 & 0\% \\ 0 & 0\% \\ 2 & 0\% \end{array}$
Fee For Service Admissions Fee For Service Unique Clients	247 180	21% 23%
Number of Admissions for Unique Client 1 Admission 2 Admissions 3+ Admissions	s 409 165 213	52% 21% 27%
Total Admissions = = Unduplicated Clients Admitted		1,181 787

Substance Abuse Admissions by Municipality and Primary Drug 2020 NJ Resident Admissions

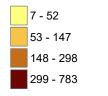
Cape May							Prima	ary Dru	Ig						Total	
	Alco			ol Cocaine/ Crack		Heroin		Other Opiates		Marijuana/ Hashish		her Jgs	Unknown			
	Ν	%	N	%	Ν	%	N	%	Ν	%	Ν	%	Ν	%	N	%
AVALON BORO	10	1			2	0									12	1
CAPE MAY CITY	40	6			35	4	7	4	1	1	5	2			88	4
CAPE MAY POINT BORO					1	0									1	0
DENNIS TWP	41	6	4	4	20	2	11	6	2	1	7	3			85	4
LOWER TWP	162	23	18	17	225	27	36	20	37	25	55	25			533	25
MIDDLE TWP	130	19	29	28	130	16	35	19	42	28	64	29			430	20
OCEAN CITY	35	5			52	6	12	7	8	5	16	7			123	6
SEA ISLE CITY	14	2	1	1	20	2	2	1			2	1			39	2
STONE HARBOR BORO	6	1													6	0
UPPER TWP	52	7	9	9	49	6	1	1	1	1	10	5			122	6
WEST CAPE MAY BORO	3	0			6	1			1	1					10	0
WEST WILDWOOD BORO	2	0			9	1	5	3			4	2			20	1
WILDWOOD CITY	81	12	28	27	100	12	34	19	28	19	13	6			284	13
WILDWOOD CREST BORO	16	2	3	3	22	3	2	1	12	8	2	1	1	50	58	3
WOODBINE BORO	12	2	7	7	24	3	3	2	1	1	3	1			50	2
NOT Stated	91	13	5	5	115	16	33	18	15	10	38	17	1	50	308	15
Total	695	100	104	100	820	100	181	100	148	100	219	100	2	100	2169	100

Substance Abuse Admissions by Primary Drug within Municipality 2020 NJ Resident Admissions

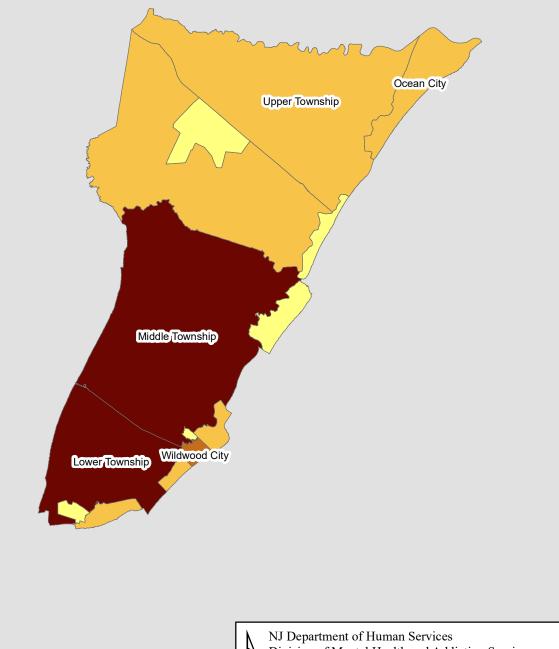
Cape May						P	rimary	Drug	Primary Drug													
	Alcoh	nol	Coca Cra		Her	oin	Oth Opia		Marijua Hashi		Oth Dru		Unkn	own	own							
	Ν	%	Ν	%	Ν	%	N	%	Ν	%	Ν	%	N	%	Ν	%						
AVALON BORO	10	83			2	17									12	100						
CAPE MAY CITY	40	45			35	40	7	8	1	1	5	6			88	100						
CAPE MAY POINT BORO					1	100									1	100						
DENNIS TWP	41	48	4	5	20	24	11	13	2	2	7	8			85	100						
LOWER TWP	162	30	18	3	225	42	36	7	37	7	55	10			533	100						
MIDDLE TWP	130	30	29	7	130	30	35	8	42	10	64	15			430	100						
OCEAN CITY	35	28			52	42	12	10	8	7	16	13			123	100						
SEA ISLE CITY	14	36	1	3	20	51	2	5			2	5			39	100						
STONE HARBOR BORO	6	100													6	100						
UPPER TWP	52	43	9	7	49	40	1	1	1	1	10	8			122	100						
WEST CAPE MAY BORO	3	30			6	60			1	10					10	100						
WEST WILDWOOD BORO	2	10			9	45	5	25			4	20			20	100						
WILDWOOD CITY	81	29	28	10	100	35	34	12	28	10	13	5			284	100						
WILDWOOD CREST BORO	16	28	3	5	22	38	2	3	12	21	2	3	1	2	58	100						
WOODBINE BORO	12	24	7	14	24	48	3	6	1	2	3	6			50	100						
NOT Stated	91	30	5	2	123	40	33	11	15	5	38	12	1	0	308	100						
Total	695	32	104	5	820	38	181	8	148	7	219	10	2	0	2169	100						

2020 Cap May County Substance Abuse Admissions by Municipality of Residence

Admission Counts



Top	Top Five Municipalities							
1	Lower Township	533						
2	Middle Township	430						
3	Wildwood City	284						
4	Ocean City	123						
5	Upper Township	122						



Data: NJSAMS 2021 July Download Report Date: August 2020 NJ Department of Human Services Division of Mental Health and Addiction Services Planning,Research, Evaluation, Prevention and Olmstead Office

Admissions by Municipality of Residence, Age Group and Primary Drug 2020 NJ Resident Admissions

Саре Мау	Alcohol				Drugs							Total					
	18 & 0	Over	Tot	otal 18 &		Over Under		r 18	Tot	al	18 & Over		Under 18		Tot	tal	
	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%	
AVALON BORO	10	100	10	100	2	100			2	100	12	100			12	100	
CAPE MAY CITY	40	100	40	100	48	100			48	100	88	100			88	100	
CAPE MAY POINT BORO					1	100			1	100	1	100			1	100	
DENNIS TWP	41	100	41	100	44	100			44	100	85	100			85	100	
LOWER TWP	162	100	162	100	370	100	1	0	371	100	532	100	1	0	533	100	
MIDDLE TWP	130	100	130	100	300	100			300	100	430	100			430	100	
OCEAN CITY	35	100	35	100	88	100			88	100	123	100			123	100	
SEA ISLE CITY	14	100	14	100	25	100			25	100	39	100			39	100	
STONE HARBOR BORO	6	100	6	100							6	100			6	100	
UPPER TWP	52	100	52	100	70	100			70	100	122	100			122	100	
WEST CAPE MAY BORO	3	100	3	100	7	100			7	100	10	100			10	100	
WEST WILDWOOD BORO	2	100	2	100	18	100			18	100	20	100			20	100	
WILDWOOD CITY	81	100	81	100	203	100			203	100	284	100			284	100	
WILDWOOD CREST BORO	16	100	16	100	39	95	2	5	41	100	55	96	2	4	57	100	
WOODBINE BORO	12	100	12	100	38	100			38	100	50	100			50	100	
NOT Stated	91	100	91	100	216	100			216	100	307	100			307	100	
Total	695	100	695	100	1469	100	3	0	1472	100	2164	100	3	0	2167	100	

Note: Missing primary drug or age admissions are not included.

Admissions by Age Group, Gender and Primary Drug
2020 NJ Resident Admissions

Саре	e May		Gei	nder		Total	
		Ferr	nale	Ma	le		
		Ν	%	Ν	%	Ν	%
0-17	Marijuana/Hashish	1	33	2	67	3	100
	Total	1	33	2	67	3	100
18-24	Alcohol	12	31	27	69	39	100
	Heroin	24	53	21	47	45	100
	Other Opiates	1	10	9	90	10	100
	Marijuana/Hashish	5	12	38	88	43	100
	Other Drugs	14	40	21	60	35	100
	Total	56	33	116	67	172	100
25-59	Alcohol	203	34	387	66	590	100
	Heroin	239	31	524	69	763	100
	Other Opiates	56	33	113	67	169	100
	Marijuana/Hashish	24	24	77	76	101	100
	Other Drugs	109	39	173	61	282	100
	Unknown			2	100	2	100
	Total	631	33	1276	67	1907	100
60&Over	Alcohol	14	21	52	79	66	100
	Heroin	4	44	5	56	9	100
	Other Opiates	2	100			2	100
	Marijuana/Hashish			1	100	1	100
	Other Drugs	1	17	5	83	6	100
	Total	21	25	63	75	84	100
Total	Alcohol	229	33	466	67	695	100
	Heroin	267	33	550	67	817	100
	Other Opiates	59	33	122	67	181	100
	Marijuana/Hashish	30	20	118	80	148	100
	Other Drugs	124	38	199	62	323	100
	Unknown			2	100	2	100
	Total	709	33	1457	67	2166	100

Note: Unknown age or gender admissions are not included.

New Jersey Substance Abuse Monitoring System (NJ-SAMS) CY2020 Substance Abuse Treatment Discharges Cape May County Resident

Level of Care Outpatient Care (OP) Intensive Outpatient (IOP) Partial Hospitalization Opioid Maintenance OP Opioid Maintenance IOP Extended Care Halfway House Long-Term Residential Short-Term Residential Hospital Based Residential Detox Residential Detox Autpatient Non-Methadone Detox Outpatient Methadone Non-Traditional Program Early Intervention Interim Services	$\begin{array}{cccccccccccccccccccccccccccccccccccc$
Sex Male Female	1,496 67% 729 33%
Age Under 18 18-21 22-24 25-29 30-34 35-44 45-54 55 and over	$\begin{array}{cccc} 1 & 0\% \\ 52 & 2\% \\ 127 & 6\% \\ 407 & 18\% \\ 492 & 22\% \\ 604 & 27\% \\ 336 & 15\% \\ 208 & 9\% \end{array}$
Race/Ethnicity White Black Hispanic Other	1,846 83% 153 7% 214 10% 14 1%
Drug and Alcohol Use Not Using Alcohol or Drugs Using Alcohol Using Drugs Unknown	1,331 60% 109 5% 333 15% 449 20%
Mental Illness/Co-Occurring Disorder	1,505 68%
Arrest in the Last 30 days (Yes)	59 3%
Tobacco Products Used (Yes)**	1,376 63%

Living Arrangement Homeless Dependent Living/Institution Independent Living	48 379 1,759	2% 17% 79%
Employment Status Unemployed Student Not in Labor Force Employed Full/Part Time	486 6 830 864	22% 0% 37% 39%
Reasons for Discharge or Treatment Not Co Completed at This Level of Care Quit or Dropped Out Needs Different Level of Care Administrative Discharge Medical Discharge Deceased NJSAMS Force/System Discharge Other	5mplete 1,112 456 280 113 26 4 77 159	50% 20%
Continuing Care No Continuing Care Needed Refused or Unable to Continue Continue Care Not Assessed	355 215 862 605	16% 10% 39% 27%
Attendance Self-Help group in past 30 Days Narcotic Anonymous (NA) Alcoholic Anonymous (AA)	s (Yes) 963 834	43% 37%
Client Goal Achieved * Alcohol or Drug Problem Educational Employment or Vocational Legal Family Situation/Social Psychological or Mental Health Physical Health Gambling Tobacco Financial Housing	570 472 85	28% 46%
County Where Patient Was Treated		
Atlantic48922%MiddlesexBergen30%MonmouthBurlington542%MorrisCamden100%OceanCape May1,15852%PassaicCumberland623%SalemEssex412%SomersetGloucester1316%SussexHudson372%UnionHunterdon40%WarrenMercer281%Other	21 86 0 14 62 18 3 1 5 0 0	4% 0% 1% 3% 1%
Total Discharges Unduplicated Clients Discharged	= 2 i = 1	,227 ,178

* Totals may be greater than 100% because of multiple responses. Percentage for goal achievement based on total clients for whom goal was applicable.
 **Percentage calculation excluded missing values.

New Jersey Substance Abuse Monitoring System (NJ-SAMS) CY2020 Substance Abuse Treatment Discharges Cape May County Treatment Sites

Level of Care Outpatient Care (OP) Intensive Outpatient (IOP) Partial Hospitalization Opioid Maintenance OP Opioid Maintenance IOP Extended Care Halfway House Long-Term Residential Short-Term Residential Hospital Based Residential Detox Residential Detox Hospital Detox Hospital Detox Outpatient Non-Methadone Detox Outpatient Methadone Non-Traditional Program Early Intervention Interim Services	$532 \\ 540 \\ 0 \\ 118 \\ 6 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0$	44% 45% 0% 1% 0% 0% 0% 0% 0% 0% 0% 0% 0% 0% 0% 0% 0%
Sex Male Female	795 403	66% 34%
Age Under 18 18-21 22-24 25-29 30-34 35-44 45-54 55 and over	1 37 67 228 259 323 180 105	0% 3% 6% 19% 22% 27% 15% 9%
Race/Ethnicity White Black Hispanic Other	947 119 126 8	79% 10% 11% 1%
Drug and Alcohol Use Not Using Alcohol or Drugs Using Alcohol Using Drugs Unknown	517 94 273 332	43% 8% 23% 28%
Mental Illness/Co-Occurring Disorder	750	63%
Arrest in the Last 30 days (Yes)	48	4%
Tobacco Products Used (Yes)**	758	64%

Living Arrangement Homeless Dependent Living/Institution	6 57	1% 5%
Independent Living Employment Status	1,120	
Unemployed Student Not in Labor Force Employed Full/Part Time	295 4 272 612	25% 0% 23% 51%
Reasons for Discharge or Treatment Not Co Completed at This Level of Care		
Quit or Dropped Out Needs Different Level of Care Administrative Discharge Medical Discharge	245 239 63 6	20% 5% 1%
Deceased NJSAMS Force/System Discharge Other	5 45 140	0% 4% 12%
Continuing Care No Continuing Care Needed Refused or Unable to Continue Continue Care Not Assessed	281 97 335 347	23% 8% 28% 29%
Attendance Self-Help group in past 30 Days Narcotic Anonymous (NA) Alcoholic Anonymous (AA)	5 (Yes) 379 301	32% 25%
Client Goal Achieved * Alcohol or Drug Problem Educational Employment or Vocational Legal Family Situation/Social Psychological or Mental Health Physical Health Gambling Tobacco Financial Housing	372 119 251 263 199 194 85 13 22 80 84	29% 21% 11% 36%
County of ResidenceAtlantic222%MiddlesexBergen10%MonmouthBurlington00%MorrisCamden50%OceanCape May1,15897%PassaicCumberland111%SalemEssex00%SomersetGloucester00%SussexHudson00%UnionHunterdon00%Other		0% 0% 0% 0% 0% 0%
Total Discharges	= 1	,200

Unduplicated Clients Discharged = 821

* Totals may be greater than 100% because of multiple responses. Percentage for goal achievement based on total clients for whom goal was applicable.
 **Percentage calculation excluded missing values.